






| | January | February | March | April | May | June | July | August | September | October | November | December | January | February |
|--------------------------------|---------|----------|-------|-------|-----|------|------|--------|-----------|---------|----------|----------|---------|----------|
| Beans (Runner) | | | | 🏠 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | | |
| Beans (Dwarf French) | | | 🏠 | 🏠 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | | |
| Beans (Broad) | | | 🌱 | 🌱 | | 🌱 | 🌱 | 🌱 | | 🌱 | 🌱 | | | |
| Beets | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | | |
| Borecole (Curly Kale) | | | 🌱 | 🌱 | | 🌱 | 🌱 | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 |
| Broccoli - Sprouting | | | 🌱 | 🌱 | 🌱 | 🌱 | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 |
| Brussels Sprouts | | 🏠 | 🌱 | 🌱 | 🌱 | 🌱 | | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 |
| Cabbages (Summer & Autumn) | 🏠 | 🏠 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | |
| Cabbages (Spring) | | | | | | 🌱 | 🌱 | 🌱 | 🌱 | | | | | |
| Cabbages (Winter) | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 |
| Cabbages (Savoy) | | | 🌱 | 🌱 | | 🌱 | 🌱 | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 |
| Carrots | | 🏠 | 🏠 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | |
| Cauliflowers (Summer & Autumn) | | 🏠 | 🏠 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | |
| Cauliflowers (Winter & Spring) | | | 🌱 | 🌱 | 🌱 | 🌱 | | | | | | | | 🌱 |
| Celery | | 🏠 | 🏠 | 🌱 | 🌱 | 🌱 | | 🌱 | 🌱 | 🌱 | 🌱 | | | |
| Cucumbers (Greenhouse) | | 🏠 | 🏠 | 🏠 | 🏠 | | 🌱 | 🌱 | 🌱 | 🌱 | | | | |
| Leaf Beet (Perpetual Spinach) | | | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | |
| Leeks | | 🏠 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 |
| Lettuce | | 🏠 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | |
| Marrow, Courgettes & Squashes | | | 🏠 | 🏠 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | | |
| Melons | | 🏠 | 🏠 | 🏠 | 🏠 | | 🌱 | 🌱 | 🌱 | 🌱 | | | | |
| Onion Seeds | 🏠 | 🏠 | 🌱 | 🌱 | | | | 🌱 | 🌱 | 🌱 | | | | |
| Parsnips | | | 🌱 | 🌱 | | | | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 |
| Peas | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | | |
| Peppers (Capsicum) | | 🏠 | 🏠 | | | | | 🌱 | 🌱 | 🌱 | | | | |
| Radishes | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | | |
| Spinach | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | | |
| Swedes | | | | | 🌱 | 🌱 | | | | 🌱 | 🌱 | 🌱 | | |
| Sweet Corn | | | | 🏠 | 🌱 | 🌱 | | 🌱 | 🌱 | | | | | |
| Tomatoes (Greenhouse) | 🏠 | 🏠 | 🏠 | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | | |
| Tomatoes (Outdoor) | | | 🏠 | 🏠 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | | |
| Turnips | | | | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | 🌱 | | | | |

| March | April | May | June | Planting Distance |
|-------|-------|-----|------|---|
| | | | | 15cm (6") apart, 30cm (12") between double rows |
| | | | | 15cm (6") apart, 60cm (2') between rows |
| | | 🌱 | 🌱 | 23cm (9") apart, 60-90cm (2-3') between rows |
| | | | | Thin to 5-8cm (2-3") apart, 30cm (12") between rows |
| 🌱 | | | | 60cm (2') apart |
| 🌱 | 🌱 | | | 60cm (2') apart |
| | | | | 60-90cm (2-3') apart |
| | | | | 45cm (18") apart |
| | 🌱 | 🌱 | 🌱 | 38cm (15") apart |
| | | | | 60cm (2') apart |
| 🌱 | | | | 60cm (2') apart |
| | | | | 5-7cm (2-3") apart |
| | | | | 60cm (2') apart |
| 🌱 | 🌱 | 🌱 | 🌱 | 60cm (2') apart |
| | | | | 30cm (12") apart |
| | | | | 60cm (2') apart |
| | | | | Thin to 5-7cm (2-3") apart, 30cm (12") between rows |
| 🌱 | | | | 23-30cm (9-12") apart, 30cm (12") between rows |
| | | | | 23-30cm (9-12") apart |
| | | | | 60cm (2') bush varieties, 120cm (4') trailing varieties |
| | | | | 60cm (2') apart |
| | | | | 10-15cm (4-6") apart, 22cm (9") between rows |
| | | | | 15-20cm (6-8") apart, 30-38cm (12-15") between rows |
| | | | | 5-7cm (2-3") apart, 60-90cm (2-3') between rows |
| | | | | 45cm (18") apart |
| | | | | 15cm (6") apart. Thin seedlings as necessary |
| | | | | 15-20cm (6-8") apart, 30cm (12") between rows |
| | | | | 20cm (8") apart, 38cm (15") between rows |
| | | | | 35cm (14") apart |
| | | | | 45cm (18") apart |
| | | | | 45cm (18") apart |
| | | | | 23cm (9") apart, 30cm (12") between rows |

Vegetable Growing Chart

Your easy guide to homegrown, garden fresh vegetables

A useful, at a glance, guide showing sowing and harvesting times for the most popular vegetables. This chart covers 18 months so it shows the harvest period for the following year.

-  Sow under cloche, cold frame or in an unheated greenhouse
-  Plant out from under glass
-  Sow direct outdoors
-  Transplant outdoor sowings
-  Harvest period



Picking runner beans, french beans and courgettes frequently will encourage them to keep cropping.



Make for mighty sowings of salad leaves by making fresh sippies through out the summer.



Plant your veg in old buckets, tins or wheelbarrows. Flea markets, car boot sales and charity shops are perfect for picking up cheap and unusual planters.



Raised beds allow you to adapt your soil type to your plants plus the temperature of the soil increases allowing for earlier sowing.